**LESSON PLANS SESSION 2021-2022**

**B.Sc. H.Sc. III Year VI sem (2021-22)**

**Subject: Therapeutic Nutrition (607)**

**April-June 2022**

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|  | **Theory** |
| Week I | Principles of Diet Therapy |
| Week II | Modification of Normal Diet & Purposes |
| Week III | Full, Soft & Bland Diet |
| Week IV | Dietician and the Role of Dietician |
| Week V | GIT disorders – Diarrhea |
| Week VI | Constipation |
| Week VII | Fevers – Typhoid |
| Week VIII | T.B. |
| Week IX | Weight Management – Obesity |
| Week X | Under nutrition |
| Week XI | Diabetes Mellitus |
| Week XII | Hypertension |
| Week XIII | Hypertension |
| Week XIV | Kidney Disorders |
| Week XV | Kidney Disorders |

**B.Sc. H.Sc. III Year (2021-22)**

**Subject: Therapeutic Nutrition (607) Practical**

**April-June 2022**

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|  | **Practical** |
| Week I | Planning of Diet- Constipation & Diarrhea |
| Week II | Planning of Diet- Constipation & Diarrhea |
| Week III | Planning of Diet- Constipation & Diarrhea |
| Week IV | Preparation of Diet for Constipation & Diarrhea |
| Week V | Planning of Diet for Typhoid |
| Week VI | Planning of Diet for Typhoid |
| Week VII | Preparation of Diet for Typhoid |
| Week VIII | Planning of Diet for Hypertension |
| Week IX | Planning of Diet for Hypertension |
| Week X | Preparation of Diet for Hypertension |
| Week XI | Planning of Diet for Diabetes Mellitus |
| Week XII | Planning of Diet for Diabetes Mellitus |
| Week XIII | Preparation of Diet for Diabetes |
| Week XIV | Planning of Diet for Obesity |
| Week XV | Preparation of Diet for Obesity |

**B.Sc. H.Sc. I Year (2021-22)**

**Subject: Fundamental of Nutrition (206)**

**April-June 2022**

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|  | **Theory** |
| Week I | Food, Nutrients, RDA |
| Week II | Carbohydrates – Structure, Classification, Intake |
| Week III | Proteins – Structure, Classification, Intake |
| Week IV | Lipids – Structure, Classification, Intake |
| Week V | Lipids – Definition & Classification, Function |
| Week VI | Lipids – Sources, Deficiency & Excess |
| Week VII | Water – Function & Sources, Intake |
| Week VIII | Function, Sources & RDA of Vitamin A |
| Week IX | Functions, Sources & RDA of Vitamin D |
| Week X | Functions, Sources & RDA of Vitamin K & E |
| Week XI | Functions, Sources & RDA of Vitamin E & Folic Acid |
| Week XII | Functions, Sources & RDA of Vitamin B- Complex |
| Week XIII | Function, Sources & RDA of Macro Minerals |
| Week XIV | Function, Sources & RPA of Micro Minerals |
| Week XV | Function, Sources & RDA of Micro Minerals |

**B.Sc. H.Sc. I Year (2021-22)**

**Subject: Fundamental of Nutrition (206) Practical**

**April- June 2022**

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|  | **Practical** |
| Week I | Planning, Preparation of Energy rich recipes |
| Week II | Planning, Preparation of Energy rich recipes |
| Week III | Planning & Preparation of Protein rich recipes |
| Week IV | Planning & Preparation of Protein rich recipes |
| Week V | Planning & Preparation of Vitamin – A Rich recipes |
| Week VI | Planning & Preparation of Vitamin – A Rich recipes |
| Week VII | Planning & Preparation of Iron rich recipes |
| Week VIII | Planning & Preparation of Iron rich recipes |
| Week IX | Planning & Preparation of Calcium rich recipes |
| Week X | Planning & Preparation of Calcium rich recipes |
| Week XI | Planning & Preparation of Thiamin rich recipes |
| Week XII | Planning & Preparation of Thiamin rich recipes |
| Week XIII | Planning & Preparation of Vitamin C rich recipes |
| Week XIV | Planning & Preparation of Vitamin C rich recipes |
| Week XV | Planning & preparation of Fibre rich recipes |

**B.Sc. H.Sc. II Year (2021-22)**

**Subject: Community Development & Communication (401)**

**April-June, 2022**

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| **Weeks** | **Theory** |
| Week I | Meaning, Scope & Importance of Communication |
| Week II | Elements of Communication |
| Week III | Problems of Communication |
| Week IV | Models of Communication |
| Week V | Various Type of Communication |
| Week VI | Classification of Teaching Methods |
| Week VII | Scope, Advantage & Limitations of Ext. Methods |
| Week VIII | Scope, Advantage & Limitations of Ext. Methods |
| Week IX | Panchayati Raj System |
| Week X | Principles of Democratic Decentralisation |
| Week XI | Classification of Audio- Visual Aids |
| Week XII | Selection & Use of Audio-Visual Aids |
| Week XIII | Radio talks, Television |
| Week XIV | Personal Talk, Conferences |
| Week XV | Tours, Campaigns, Village Fair |

**B.Sc. H.Sc. II Year (2021-22)**

**Subject: Community Development & Communication (401) Practical**

**April-June, 2022**

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| **Weeks** | **Practical** |
| Week I | Use of 5 Non-projected Aids |
| Week II | Poster |
| Week III | Chart |
| Week IV | Leaflet |
| Week V | Pamphlet & Flashcards |
| Week VI | Preparation of Projected Aids |
| Week VII | Transparency |
| Week VIII | Power Point Presentation |
| Week IX | Power Point Presentation |
| Week X | Use of Puppet as a media |
| Week XI | Use of Puppet as a media |
| Week XII | Use of Puppet as a media |
| Week XIII | Preparation of Radio Talks |
| Week XIV | Preparation of Radio Talks |
| Week XV | Preparation of Radio Talks |

**B.Sc. H.Sc. III Year (2021-22)**

**Subject: Nutritional Biochemistry II (603)**

**April-June, 2022**

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| **Weeks** | **Theory** |
| Week I | Definition and Classification of Lipids |
| Week II | Properties of Fatty acids |
| Week III | Beta Oxidation of Lipids |
| Week IV | Biosynthesis of Fatty acids |
| Week V | Ketone bony formation, Ketosis, Fatty Liver |
| Week VI | TCA Cycle |
| Week VII | ETC |
| Week VIII | Oxidative Phosphorylation |
| Week IX | Biosynthesis of Proteins |
| Week X | Biosynthesis of Proteins |
| Week XI | Nucleic Acid – Concept & Composition |
| Week XII | Replication of Nucleic Acid |
| Week XIII | Transcription of Nucleic Acid |
| Week XIV | Genetic Code |
| Week XV | Structure of DNA and RNA |

**B.A. I Year II Semester**

**Home Science (Theory)**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Health Education (Meaning & Objectives) Health Hazards |
| Week II | Definition of Health and Hygiene, Factors relating to Health |
| Week III | Water (Importance, Impurities, Types, Sources and Purify) |
| Week IV | Definition of infection, infective agents, infections disease |
| Week V | Communicable diseases |
| Week VI | Disinfectant – Definition, Types and methods |
| Week VII | Immunity Definition, Types and Schedule |
| Week VIII | Diseases Spread by insects – Malaria |
| Week IX | Diseases spread by ingestion |
| Week X | Disease Spread by droplet infections |
| Week XI | Diseased Spread by contact |
| Week XII | Transmission of heat their application |
| Week XIII | Thermometer and J Scales of measurement |
| Week XIV | Evaporation |
| Week XV | Revision and Test |

**B.Sc. II Year IV Semester**

**Psychology - 403**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Motivation - Definition Types of Motives |
| Week II | Learning – Meaning, Native and Theories effect of Motivation |
| Week III | Principles of Learning, Factors affecting Learning, Test |
| Week IV | Intelligence (Concept Theories, Development and Measurement) |
| Week V | Thinking (Concepts and Tools of Thinking) |
| Week VI | Imagination – Nature and Development |
| Week VII | Reasoning as related to imagination and Thinking |
| Week VIII | Personality Concept Definition and Types |
| Week IX | Assessment of Personality |
| Week X | Factors Influencing Personality |
| Week XI | Freud's Theory of Personality, Test |
| Week XII | Memory Definition and Analysis Improvement |
| Week XIII | Types of Memory Remembering, Test |
| Week XIV | Forgetting Concept and Types |
| Week XV | Theories Test |

**B.A. I Year II Semester**

**Home Science (Practical)**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Pottery Painting |
| Week II | Pottery Painting |
| Week III | Pottery Decoration |
| Week IV | Pottery Decoration |
| Week V | Flower Arrangement (Fresh) |
| Week VI | Flower Arrangement (Dry) |
| Week VII | Flower Arrangement (Fresh) |
| Week VIII | Flower Arrangement (Dry) |
| Week IX | Preparation of Chart |
| Week X | Preparation of Chart |
| Week XI | Preparation of Chart |
| Week XII | Checking (File and Chart) |
| Week XIII | Preparation of any article |
| Week XIV | Preparation of any article |
| Week XV | Checking of File and Article |

**B.Sc. III Year VI Semester**

**Women Empowerment 601**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Status of Indian Women Legal, Social |
| Week II | Status of Women Economic, Political |
| Week III | Status of Women Educational |
| Week IV | Problems related to Women Violence and Abuse |
| Week V | Families with Marital disharmony and dowry |
| Week VI | Sexual discrimination and Exploitation |
| Week VII | Mass Media and Women Empowerment |
| Week VIII | Education and Empowerment |
| Week IX | Empowerment and Empowerment |
| Week X | Home Science Education and Empowerment |
| Week XI | Role of H.Sc in Professional Development |
| Week XII | Trends in Women's Movement |
| Week XIII | Women movement in reference to India |
| Week XIV | Social Welfare Programmes |
| Week XV | Impact of Social Welfare Programmes |

**B.Sc. III Year VI Semester**

**Child Welfare (Theory) - 602**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Definition and Objectives of Child Welfare |
| Week II | Philosophy of Child Welfare |
| Week III | National Policy of Child Welfare (Needs & Goals) |
| Week IV | Problem of School dropouts and Child Labour |
| Week V | Effect of Mass Media on Children |
| Week VI | Nutritional and Educational Deprivation |
| Week VII | Emotional Deprivation, Test |
| Week VIII | Children with Special needs Blind Children |
| Week IX | Deaf and Dumb Children |
| Week X | Mentally retarded Children |
| Week XI | Juvenile Delinquency, Test |
| Week XII | Voluntary Agencies |
| Week XIII | International Agencies |
| Week XIV | Family Planning Programme in India |
| Week XV | Family Planning Programmes, Test |

**B.Sc. III Year VI Semester**

**Child Welfare (Practical) - 602**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Visit to Bal Bhawan, Writing Report |
| Week II | Visit to Nursery School, Report Writing |
| Week III | File Checking |
| Week IV | Visiting to the Institutes for Children, Report |
| Week V | Preparing Play Material and Toys ( 4 – 6 years old) |
| Week VI | Preparing Play Material (4-6 Years old) |
| Week VII | Prepare Questionnaire for Survey |
| Week VIII | Survey to know deprivation of girls |
| Week IX | Report writing and checking of files |
| Week X | Observation of Child Welfare Activities |
| Week XI | Write a Report on involvement of Children |
| Week XII | File Check |
| Week XIII | Make resource file regarding C.W. happening |
| Week XIV | Collect child Welfare happenings |
| Week XV | File Check |

**B.Sc. II Year VI Semester**

**Food Microbiology Theory (604)**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Characteristics of Moulds, Yeasts and Bacteria |
| Week II | Useful and Pathogenic Microorganisms |
| Week III | Brief History of food microbiology |
| Week IV | Important Microorganisms in food – Test |
| Week V | Primary Source of Micro organisms in foods |
| Week VI | Extrinsic and Intrinsic Parameters of growth |
| Week VII | Contamination and Spoilage by Micro organisms |
| Week VIII | Preservation – Cereal, Egg, Poultry – Test |
| Week IX | Food Preservation – Use of High and Low Temp. |
| Week X | Freeze drying, Irradiation in Food Preservation |
| Week XI | Microbes used in Food Bio technology |
| Week XII | Fermented food and their benefits text |
| Week XIII | Public Health Hazards due to contaminated foods |
| Week XIV | Food brone Infections, Indices of Food, Milk |
| Week XV | Food, Water and Milk Testing – Test |

**B.Sc. II Year IV Semester**

**Food Science (Theory) - 407**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Vegetables and Fruits – Classification, Composition |
| Week II | Nutritive Value, Selection, Vegetables Cookery, Shortage |
| Week III | Past Harvest Changes in Fruits, Enzymatic Browning |
| Week IV | Raising and Leavening Agents – Types, uses |
| Week V | Eggs – Composition, Quality of Eggs, Egg Cookery |
| Week VI | Use of Egg in different preparations |
| Week VII | Meat, Fish and Poultry – Meat – Composition |
| Week VIII | Nutritive Value, Post Mortem changes in Meat |
| Week IX | Fish – Types, Composition, Fish Cookery |
| Week X | Fish Spoilage, Storage |
| Week XI | Poultry – Types, Composition, Nutritive Value |
| Week XII | Spices and Condiments – Classification |
| Week XIII | Uses, Storage of Spices, Note on Herbs |
| Week XIV | Evaluation of Food Quality – Sensory Evaluation |
| Week XV | Objective Evaluation, Texture Evaluation |

**B.Sc. II Year IV Semester**

**Food Science (Practical) - 407**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Preparation of James - Group I |
| Week II | Preparation of James – Group II |
| Week III | File Checking |
| Week IV | Preparation of Chutney - Group I |
| Week V | Preparation of Chutney – Group II |
| Week VI | File Checking |
| Week VII | Preparation of Pickles – Group I |
| Week VIII | Preparation of Pickles – Group II |
| Week IX | File Checking |
| Week X | Preparation of Jelly – Group I |
| Week XI | Preparation of Jelly – Group II |
| Week XII | File Checking |
| Week XIII | Preparation of Murabbas – Group I |
| Week XIV | Preparation of Murabbas – Group II |
| Week XV | Visiting to Food Industry, File Checking |

**B.Sc. II Year IV Semester**

**Introduction to Home Management-II (Theory) (406)**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Ergonomics in Home |
| Week II | Work Simplification – Body Mechanics |
| Week III | Mendel's Classes of Change |
| Week IV | Work Study Techniques – Test |
| Week V | Income – Types of Income, Budget |
| Week VI | Steps in Budget, Factor affecting Budget |
| Week VII | Saving – Types of Saving – Bank |
| Week VIII | Insurance, Provident Fund – Test |
| Week IX | Credit – Its use, Types of Credit |
| Week X | Problem in Credit, Taxation – Types |
| Week XI | Basic Calculation of Income Tax – Test |
| Week XII | Introduction of Art – Elements of Art |
| Week XIII | Color, Pattern, Shape, Light, Space |
| Week XIV | Color – Classification, Dimensions, Color scheme |
| Week XV | Factors, Influencing colour |

**B.Sc. II Year IV Semester**

**Institutional Food Management (Theory) - 404**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Catering Management – Definition and Scope |
| Week II | Hygiene and Sanitation – Environmental |
| Week III | Hygiene in food Handling |
| Week IV | Personal Hygiene Test |
| Week V | Organization of Spaces – Workspace |
| Week VI | Work Surfaces, Lighting and Ventilation |
| Week VII | Storage Spaces – Location, Types, Sanitation |
| Week VIII | Surface Areas – Location and Planning Test |
| Week IX | Mean Planning – Planning and Writing Menus |
| Week X | Types of Menus, Use of Menu |
| Week XI | Food Service – Various Styles of Service Test |
| Week XII | Food Cost Control – Why Control Food Costs |
| Week XIII | Costing of dishes, Means and Events |
| Week XIV | Pricing - Methods of Pricing |
| Week XV | Factors affecting Pricing Test |

**B.A. Home Science III Year VI Semester**

**Home Science (HS06)**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Definition, Aims, Subject Matter, Objective of Child Psychology |
| Week II | Learning – What is Learning, Importance of Learning |
| Week III | Methods of Learning, Factors affecting Learning |
| Week IV | Role of Reward and Punishment in Learning, Test |
| Week V | Personality Development – Nature of Personality, Definition |
| Week VI | Play – Definition, Features of Play, Types of Play |
| Week VII | Stages of Development of Child, Problems of Adolescence |
| Week VIII | Role of Parents and Teachers, Test |
| Week IX | The Expectant Mother – Signs of Pregnancy |
| Week X | Discomforts of Pregnancy |
| Week XI | Ill effects of an Early Marriage, Test |
| Week XII | Breast Feeding, Artificial Feeding |
| Week XIII | Common Ailments in Childhood – Cold, Cough, Fever |
| Week XIV | Digestive Disturbance – Diarrhea, Constipation, Vomiting |
| Week XV | Skin Infections – Test |

**B.A. Home Science III Year VI Semester**

**Home Science (Practical) HS06**

**April-June, 2022**

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| **Weeks** | **Topics** |
| Week I | Planning and preparing meal for Preschoolers, Group – I |
| Week II | Planning and preparing meal for for Preschoolers, Group – II |
| Week III | File Checking |
| Week IV | Planning and Preparing meal for School Goers, Group I |
| Week V | Planning and Preparing meal for School Goers, Group – II |
| Week VI | File Checking |
| Week VII | Planning and Preparing meal for Adolescents, Group –I |
| Week VIII | Planning and Preparing meal for Adolescents, Group – II |
| Week IX | Planning and Preparing meal for Pregnant woman, Group – I |
| Week X | Planning and Preparing meal for pregnant woman, Group – II |
| Week XI | File Checking |
| Week XII | Food Preservation – Pickle, Chutney |
| Week XIII | Preparation of Jam, Squash |
| Week XIV | Preparation of Murabba |
| Week XV | File Checking |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) IInd Semester, Ist Year**

**Introduction to Textile (214) Theory**

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| **Week** | **Syllabus** |
| **Week I** | Fibers, its taxonomy and classification |
| **Week II** | Manufacturing and properties of plant fibers- cotton |
| **Week III** | Manufacturing and properties of plant fibers- jute |
| **Week IV** | Manufacturing and properties of silk fiber |
| **Week V** | Manufacturing of rayon and polyester fibers |
| **Week VI** | Manufacturing of acrylic and polyamide fibers |
| **Week VII** | Basic principles of yarn making, Simple yarn |
| **Week VIII** | Types of Yarns: Novelty Yarns |
| **Week IX** | Properties of yarn and Importance of blends |
| **Week X** | Weaving: parts of loom and Basic weaves |
| **Week XI** | Basic weaves, types and making |
| **Week XII** | Weaving: Fancy weaves, types and making |
| **Week XIII** | Knitting: types of knit |
| **Week XIV** | Advantages and disadvantages of knit |
| **Week XV** | Braiding, felting and bonding |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) IInd Semester, Ist Year**

**Introduction to Textile (214) Practical**

|  |  |
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| **Week** | **Syllabus** |
| **Week I** | Collection of different types of natural fibers |
| **Week II** | Microscopic identification of Natural Fibers |
| **Week III** | Burning identification of Natural Fibers |
| **Week IV** | Chemical identification of Natural Fibers |
| **Week V** | Collection of synthetic fibers |
| **Week VI** | Microscopic identification of Natural Fibers |
| **Week VII** | Burning identification of Natural Fibers |
| **Week VIII** | Chemical identification of Natural Fibers |
| **Week IX** | Collection of Material for weave making |
| **Week X** | Making of weaves |
| **Week XI** | Making of weaves |
| **Week XII** | Making of weaves |
| **Week XIII** | Making of any Four fancy weaves |
| **Week XIV** | Making of any next Four fancy weaves |
| **Week XV** | To estimate the thread count of fabric  Knitting: thumb method and ending |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) IVth Semester, IInd Year**

**Garment Construction and Apparel Science (415) Theory**

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| **Week** | **Syllabus** |
| **Week I** | Selection of garments for Infant |
| **Week II** | Selection of garments for toddlers and preschool |
| **Week III** | Selection of garments for School going and teenager and **class test** |
| **Week IV** | Selection of garments for adult and old age |
| **Week V** | Selection of household linen and curtain |
| **Week VI** | Selection of garments for draperies and towels |
| **Week VII** | Selection of readymade garments |
| **Week VIII** | Renovation and mending and **class test** |
| **Week IX** | Construction of drafting and pattern making |
| **Week X** | Construction of draping and types |
| **Week XI** | Fit: recognizing correct fit and balance |
| **Week XII** | Problems of fit and remedies **Class test** |
| **Week XIII** | Fashion & factors favoring and retarding fashion |
| **Week XIV** | Fashion cycle and buying criteria for readymade garments |
| **Week XV** | Samples of increasing and decreasing of knit |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) IVth Semester, IInd Year**

**Garment construction and apparel science (415) Practical**

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| **Week** | **Syllabus** |
| **Week I** | Drafting of child bodice block |
| **Week II** | Drafting of child bodice block with collar |
| **Week III** | Drafting checking and problem taking |
| **Week IV** | Drafting of A line frock |
| **Week V** | Drafting of frock |
| **Week VI** | Cutting and stitching of A line frock |
| **Week VII** | Garments checking and file checking |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of same and query taking |
| **Week X** | Drafting of Salwar |
| **Week XI** | Cutting of Kameej and Salwar |
| **Week XII** | Stitching of Kameej and Salwar |
| **Week XIII** | Drafting of petticoat |
| **Week XIV** | Stitching of petticoat |
| **Week XV** | Checking of garments |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) VIth Semester, IIIrd Year**

**Apparel designing (615) Theory**

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| **Week** | **Syllabus** |
| **Week I** | Design : its components and characteristics |
| **Week II** | Structural design through variation in yarn |
| **Week III** | Structural design through variation in weaves |
| **Week IV** | Structural design through decorative finishes |
| **Week V** | Applied designs through dyeing & printing |
| **Week VI** | Applied designs through embroidery |
| **Week VII** | Line, form and shapes analysis |
| **Week VIII** | Texture analysis and colors use in garments |
| **Week IX** | Use of Colours in garments |
| **Week X** | Principles of design in garments |
| **Week XI** | Study average figure types |
| **Week XII** | Designing clothes for different figure |
| **Week XIII** | Designing clothes for figure with variation |
| **Week XIV** | Use of computer in apparel construction |
| **Week XV** | Application of computer aided designing |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) VIth Semester, IIIrd Year**

**Apparel designing (615) Practical**

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| **Week** | **Syllabus** |
| **Week I** | Study colors, and color wheel |
| **Week II** | Use of color schemes in garments |
| **Week III** | Study grey scale and value scale |
| **Week IV** | Checking of work sheets |
| **Week V** | Use of line in garments |
| **Week VI** | Study of body shapes |
| **Week VII** | Developments of motif and its placement |
| **Week VIII** | Making of same |
| **Week IX** | Motif enlarging and reducing effect |
| **Week X** | Making an apparel by embroidery |
| **Week XI** | Making an household article by printing |
| **Week XII** | Study of batik on fabric |
| **Week XIII** | Making an article of batik |
| **Week XIV** | File checking |
| **Week** **XV** | Garments checking and problem solving |

**LESSON PLAN (April-June, 2022)**

**B.Sc. (Home Science) VIth Semester, IIIrd Year**

**Interior Designing (616) Practical**

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| **Week** | **Syllabus** |
| **Week I** | Study types of flower arrangements |
| **Week II** | Collection of material for flower making |
| **Week III** | Making of ten flowers by organdies fabric |
| **Week IV** | Making of ten flower by using stoking |
| **Week V** | Flower arrangement for different area |
| **Week VI** | File checking, selecting the idea for pot painting |
| **Week VII** | Pot painting by students |
| **Week VIII** | Selecting the material and idea for pot decoration |
| **Week IX** | Pot decoration by students |
| **Week X** | File checking and pot checking |
| **Week XI** | Making of curtain by any 6 methods |
| **Week XII** | Making of curtain by next six method |
| **Week XIII** | Making any two are pieces by waste materail |
| **Week XIV** | Making any two are pieces by waste material |
| **Week XV** | FileChecking |

**LESSON PLAN (April-June, 2022)**

**B.A. (Home Science) IVth Semester, IInd Year**

**Home Science (HS04) Practical**

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| **Week** | **Syllabus** |
| **Week I** | Study of sewing machine with parts |
| **Week II** | Making diagram of sewing machine |
| **Week III** | Study anthropometric body measurements |
| **Week IV** | File checking |
| **Week V** | Drafting of child bodice block with collar |
| **Week VI** | Drafting of A line frock |
| **Week VII** | Cutting and stitching of A line frock |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of Salwar |
| **Week X** | Checking of Draftings |
| **Week XI** | Kameej and Salwar cutting |
| **Week XII** | Stitching of garments ( Kameej and Salwar) |
| **Week XIII** | Drafting of petticoat |
| **Week XIV** | Checking of petticoat drafting |
| **Week XV** | Cutting and stitching of petticoat |