

Lesson Plan for Session 2021-22

Class - B.A Psychology (Pass course) Ist - Sem.

Sub - Introduction to Psychology

Teacher - Mrs Kavita Devi

2nd Week of Oct 21

- Psychology History and emergence as Science

3rd Week of Oct 21

- Subject Matter of Psychology

4th Week of Oct 21

- Experimental Method

1st Week of Nov 21

- Vacations

2nd Week of Nov-21

- Observational & Survey Method

3rd Week of Nov 21.

- Sensory Processes

4th Week of Nov-21

- Perception of form - figure and Ground

1st Week of Dec. 21

- Perceptual organization, Depth Perception Cues

2nd Week of Dec. 21

- Nature and Bodily changes of Emotions

3rd Week of Dec. 21.

- Theories of Emotions.

4th Week of Dec. 21

- Motivation

1st Week of Jan. 22

- Nature and Determinants of Personality

2nd Week of Jan. 22

- Type and Trait Approach of Personality

3rd Week of Jan. 22

- Intelligence - Nature & Theories

4th Week of Jan. 22

- Revision

Lesson Plan for Session 2021 - 2022

Class B.A Psychology (Pass Course) - Ist Sem

Subject - Introduction to Psychology

Teacher's Name - Mrs Anju Sharma

(2021)

2nd week of October - Psychology History and Emergence as Science

3rd week of October - Subject Matter of Psychology

4th week of October - Experimental Method, Observation Method

1st week of November - Vacations

2nd week of November - Observation & Survey Method

3rd week of November - Sensory Processes.

4th week of Nov. - Nature & Bodily changes of Emotions

1st week of December - Theories of Emotions.

2nd week of December - Nature & Determinants of Personality

3rd week of December - Type & Trait Approach of Personality

4th week of December - Intelligence nature & theories

(2022)

1st week of January - Motivation

2nd week of January - Motivation - types.

3rd week of January - Perception

4th week of January - Perceptual Organization, Depth cues.

1st week of February - Revision.

Lesson Plan For Session 2021-22

B.A. Psychology Pass Course 3rd Sem

Dr. Neelam Raipuria Mangla

Social Psychology

2nd week of Oct. 21

Introduction of Social Psychology

Importance and Scope

3rd week of Oct. 21

Socialization

4th week of Oct. 21

Sociometry Method

Aggression

1st week of Nov 21

Vacations

2nd week of Nov. 21

Aggression cont....

Prosocial Behavior

3rd week of Nov. 21

Leadership

4th week of Nov. 21

Group

Social Norms

1st week of Dec. 21

Attitude

2nd week of Dec 21

Stereotypes

Short Questions of Unit 1 & 2

3rd week of Dec 21

Prejudice

4th week of Dec. 21

Other Methods of Social Psychology

1st week of Jan. 22

Short questions for Unit 3 & 4

2nd week of Jan. 22

Presentations of Students

3rd week of Jan. 22

Presentations Cont.

4th week of Jan. 22

Revision

Last two years questions

DEPARTMENT OF PSYCHOLOGY

LESSON PLAN 2021-22

BA (5th SEM) PSYCHOPATHOLOGY

SUBMITTED BY DR. LOKESH BALHARA

- OCT. 21 → Biological Model of Psychopathology.
2nd WEEK
3rd week → Psychodynamic Model of Psychopathology.
4th week → Behavioural and Cognitive Model.

- NOV. 21
1st week → Concept of Normality and abnormality.
2nd week → DSM system of classification of Psychopathology
3rd week → case history, Interview & Projective techniques
4th week → GAD and OCD (Symptoms & causes)

- DEC. 21
1st week → Phobic Disorder (Symptoms and causes),
Drug / Substance abuse
2nd week → causes & consequences of substance abuse
3rd week → Rehabilitation of abusers
4th week → Major Depressive disorder (Unipolar)

- JAN. 21
1st week → Bipolar Disorder - Symptoms & causes
2nd week → Nature & Type of Schizophrenia
3rd week → causes of schizophrenia
4th week → Revision of Unit I & II
FEB. 22 → Revision of Unit III & IV

Lesson Plan - 2021 to 2022

B.A. Psychology 1st sem

Subject : Basic Psychological Processes

Teacher's Name's Dr. Ankita Budwiraja.

- 2nd week of October 2021 - Definition, Historical origins of Psychology
- 3rd week of October 2021 - Goals & Fields of Psychology.
- 4th week of October 2021 - Methods of Psychology.
- 1st week of Nov 2021 - Vacations.
- 2nd week of Nov - 2021 - Emotions: Components of emotions, Bodily expressions
- 3rd week of Nov 2021 - Theories of Emotions
- 4th week of Nov 2021 - Personality: Type & Trait Approaches, Biological & Social-cultural Determinants
- 1st week of Dec - 2021 - Assessment of Personality.
- 2nd week of Dec 2021 - Motivation: Biogenic & Sociogenic Motives.
- 3rd week of Dec 2021 - Intrinsic & Extrinsic framework of Motivation
- 4th week of Dec 2021 - Intelligence - Nature, Intelligence Test & Interpretation
- 1st week of Jan 2022 - Emotional Intelligence
- 2nd week of Jan 2022 - Contemporary Psychological Perspectives.
- 3rd week of Jan 2022 - Continued. .
- 4th week of Jan 2022 - Revision / Presentation.
- 1st week of Feb 2022 - Revision / Presentation.

Lesson Plan for session 2021-22

B.A Psychology (Hons) 1st Sem.

Mr. Vinod Kumar
Social Psychology

- IInd week Dec 21 - Nature & Goal of Social Psychology
- IIIrd week Dec 21 - Social Psychology & other sciences
- 4th Week Dec 21 - Persuasion, Elements, Factors Affecting
- Ist week of Nov 21 - Vacation
- IInd week Nov 22 - Group: Nature & Function, Group Task
- IIIrd week Nov 21 - Group Cohesiveness, Group Norms Decision
- IVth week Nov 21 - Self Perception & Self Presentation
- Ist week Dec 21 - Self Esteem Self Serving Bias & Presentation
- IInd week Dec 21 - Leadership, Definition & Functions
- IIIrd week Dec 21 - Theory of Leadership
- IVth week Dec 21 - Social Perception, Attribution, Basic Sources of Error
- Ist week Jan 22 - Attribution Applications.
- IInd week Jan 22 - Attitudes: Nature & Function of Attitude Formation
- IIIrd week Jan 22 - Theories of Attitude & Measurement
- IVth week Jan 22 - Methods of Social Psychology
- Ist week Jan 22 - Revision

Lesson Plan for Session 2021-22

Class — B.A Psychology (Hons) Ist - sem
Subject — Basic of Research Processes of statistics
Teacher — Kavita

Oct. 21

2nd Week — Scientific Approach, stereotypes

3rd Week — Aims and Goals of Science

4th Week — Scientific Approach, its characteristics

Nov. 21

1st Week — Vacations

2nd Week — Method of Acquiring Knowledge, Role

3rd Week — Variables, types and control

4th Week — Problem

Dec. 21

1st Week — Hypothesis

2nd Week — Criteria of Good Hypotheses

3rd Week — Frequency Distribution

4th Week — Graphical Presentation of Data

Jan. 2022

1st Week — Measures of Central Tendency

2nd Week — Measures of Variability

3rd Week — Standard Deviation and Variance

4th Week — Revision

Lesson Plan for Session - 2021-22

B.A. Psychology Hons. 3rd Sem.

Mr. Vinod Kumar

Biological Basis of Behaviour

- Ind week Oct 21 - : Nature of Biopsychology
- IInd week Oct 21 : Major Division of Biopsychology
- IIIrd week Oct 21 : Research Methods : Lesion, Brain Stimulation
- IVth week of Nov-21 : Vaccinations
- Ind week of Nov 21 : Genetic Behaviour
- IInd week Nov 22 : Recessive Genes & Sex Linked Genes
- IIIrd week Dec 21 : Neuron Structure & Functions
- IVth week " " : Types of Neuron
- Ist week " " : Nervous System CNS
- IInd week " " : Brain Structure & Functions
- IIIrd week " " : Physiological correlates of Emotions
- IVth week Jan 22 : " " " " continued.
- Ist week Jan 22 : Hunger
- IInd week Jan 22 : Sleep : Stages of Sleep
- IIIrd week Jan 22 : Sleep Disorders, REM & Hormones.
- IVth week Jan 22 : Revision
- Ist week Feb 22 : Revision

Lesson Plan for session 2021-22

Class - B.A Psychology Hons 3rd Sem.

Sub - Basics of Health Psychology

Teacher Mrs Kavita Devi

2nd Week of Oct. 21

- Meaning, Nature and Emergence of Health Psychology

3rd Week of Oct. 21

- Methods - Case Study, Survey + observation

4th Week of Oct. 2021

- Endocrine and Digestive System

1st Week of Nov. 2021

- Vacations

2nd Week of Nov. 2021

- Respiratory and Cardiovascular System

3rd Week of Nov. 21

- Bulimia and Anorexia Nervosa

4th Week of Nov. 21

- Diabetes + Hypertension

1st Week of Dec. 21

- Cardiovascular disease

2nd Week of Dec. 21

- HIV + AIDS, Cancer

3rd Week of Dec. 21

- Stress, GAS, Physiological Sources

4th Week of Dec. 21

- Nervous System + Stress and Endocrine System + Stress

1st Week of Jan 22

- Psychosocial Sources, Stress and Sickness

2nd Week of Jan 22

- BMM and BPSM

3rd Week of Jan 22

- Trends for future

4th Week of Jan 22

- Revision

Lesson Plan for Session 2021-22

Class - B.A Psychology (Hons) 3rd Sem.
Subject - Psychological Testing (XI)
Teacher - Kavita

Oct. 21

2nd Week - Psychological Testing, History, Uses
3rd Week - Test Administration
4th Week - Test Construction

Nov. 21

1st Week - Vocations
2nd Week - Item Analysis, Item Discrimination
3rd Week - Item Analysis: Item Difficulty
4th Week - Reliability

Dec. 21

1st Week - Validity
2nd Week - Norms - nature and Purpose
3rd Week - Raw Score Transformation
4th Week - Standard Score

Jan. 2022

1st Week - Effects of Training on Test Performance
2nd Week - Special Issues in Testing
3rd Week - Ethical Issues
4th Week - Revision

Lesson Plan for Session 2021-2022

Class - B.A Psychology (Hons.) - Vth sem

Subject - Neuropsychology

Teacher's Name - Arjun Sharma

(2021)

2nd week of October - Nature & Subject matter of Neuropsychology

3rd week of October - Relationship with other branches of Psychology

4th week of October - Agnosias, Aphasia

1st week of November - Vacations

2nd week of November - Apraxia and Amnesia

3rd week of November - TIA

4th week of November - Infarction & Hemorrhage

1st week of December - Head injuries, Concussion

2nd week of December - Tumors

3rd week of December - Parkinson

4th week of December - Alzheimer

(2022)

1st week of January - Halstead- Reitan

2nd week of January - Luria

3rd week of January - Neuropsychological Rehabilitation.

4th week of January - Revision.

Lesson Plan: 2021 - 2022

B.A. Psychology I-ans (5th Sem)

Subject: Industrial Psychology

Teacher Name: Dr. Anukita Budhiraja

- 2nd week of Oct 2021 - Industrial Psychology on Job: challenges + IO Psychology as a career
- 3rd week of Oct 2021 - Problems for IO Psychologists.
- 4th week of Oct 2021 - Methods & Basic Research Strategies
- 1st week of Nov 2021 - Vacations
- 2nd week of Nov 2021 - Job Analysis: Meaning & Determinants, Applications, Interview.
- 3rd week of Nov 2021 - Assessment centers & Employee attitude toward assessment centers.
- 4th week of Nov 2021 - Job Evaluation: Meaning, Methods.
- 1st week of Dec 2021 - Factors of Job Evaluation & Installing a Job evaluation Programme.
- 2nd week of Dec 2021 - Working Conditions
- 3rd week of Dec 2021 - Accidents & Safety.
- 4th week of Dec 2021 - Industrial Psychology: Premises & Development
- 1st week of Jan 2022 - Laws of Industrial Psychology
- 2nd week of Jan 2022 - Statistical Analysis.
- 3rd week of Jan 2022 - Queries / ~~PPT~~ Presentation
- 4th week of Jan 2022 - Queries / Presentation
- 1st week of Feb 2022 - Queries / Presentation.

DEPARTMENT OF PSYCHOLOGY

LESSON PLAN 2021-22

BA HON'S (5th Sem) CHILD DEVELOPMENT (PAPER: XIX)

SUBMITTED BY DR. LAKESH BALMARA

Oct. 21

- 2nd week → Nature of child Development.
- 3rd week → Cross Sectional method of child development
- 4th week → Longitudinal & Experimental Method.

Nov. 21

- 1st week → Goals & types of developmental changes.
- 2nd week → Early and Late development of a child.
- 3rd week → Prenatal development, Fertilization, Heredity
- 4th week → Sex determination, Single & Multiple Birth

Dec. 21

- 1st week → Parental attitudes affecting Prenatal development
- 2nd week → Physical & Psychological hazards in prenatal period.
- 3rd week → Adjust of Neonate to new world, Respiration, cardiovascular & gastrointestinal changes, Reflexes: Sucking, grasping & Moro reflex
- 4th week → Goals & types of social developmental changes, Early and late developmental pattern

JAN. 22

- 1st week → Approach of cognitive development (structural and functional), Piaget's theory & developmental stages, Social Cognition
- 2nd week → Emotional Development of child, Smiling and laughter, Theories of Attachment.
- 3rd week → Parental Behaviour and attachment, Revision of Unit I
- 4th week → Revision of Unit II & III

FEB. 22 → Revision of Unit IV

Lesson Plan For Session 2021-22

B.A. Psychology Hons. 5th sem.

Dr. Neelam Raipuria Mangla

Psychology of Social Issues

2nd week of Oct. 21

Introduction to Social Issues

Discussion on various issues

3rd week of Oct. 21

Social Psychology

Difference b/w Applied v/s Basic

4th week of Oct. 21

Corruption and Bribery

Crime

1st week of Nov 21

Vacations

2nd week of Nov. 21

Violence

Other type of Antisocial Behavior

3rd week of Nov. 21

Indian Family System

Cast System

4th week of Nov. 21

Power

Gender

1st week of Dec 21

Social Inequality

Poverty & Deprivation

2nd week of Dec 21

Attitude towards Women

Sex role Stereotypes

Family Planning

3rd week of Dec 21

Attribution of success & Failure

Need Achievement

4th week of Dec. 21

Attitude & Social Cognition

Urban Ecology & Crowding

1st week of Jan. 22

Environmental Issues

Health & well being

2nd week of Jan. 22

Psycho-social determinants

Culture & Social Behavior

3rd week of Jan. 22

Love, Intimacy & Intercultural

Marriages

Person Perception

4th week of Jan. 22

Revision

Last two year questions