**LESSON PLAN EVEN SEMESTERS**

**B.Sc. H.Sc. III Year VI Sem (2021-2022)**

**Subject: Therapeutic Nutrition (607)**

 **April - June 2022**

|  |  |
| --- | --- |
| **WEEKS** | **Theory** |
| **Week I**  | Principles of Diet Therapy |
| **Week II**  | Modification of Normal Diet & Purposes |
| **Week III** | Full, Soft & Bland Diet |
| **Week IV**  | Dietician and the Role of Dietician |
| **Week V**  | GIT disorders – Diarrhea |
| **Week VI** | Constipation |
| **Week VII**  | Fevers – Typhoid |
| **Week VIII**  | T.B. |
| **Week IX**  | Weight Management – Obesity |
| **Week X**  | Under nutrition |
| **Week XI** | Diabetes Mellitus |
| **Week XII**  | Hypertension |
| **Week XIII**  | Hypertension |
| **Week XIV**  | Kidney Disorders |
| **Week XV**  | Kidney Disorders |

**B.Sc. H.Sc. III Year Sem (2021-2022)**

**Subject: Therapeutic Nutrition (607) Practical**

**April – July 2022**

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| **WEEKS** | **Practical** |
| **Week I**  | **Planning of Diet- Constipation & Diarrhea** |
| **Week II**  | Planning of Diet- Constipation & Diarrhea |
| **Week III**  | Planning of Diet- Constipation & Diarrhea |
| **Week IV**  | Preparation of Diet for Constipation & Diarrhea |
| **Week V**  | Planning of Diet for Typhoid |
| **Week VI**  | Planning of Diet for Typhoid |
| **Week VII**  | Preparation of Diet for Typhoid |
| **Week VIII** | Planning of Diet for Hypertension |
| **Week IX**  | Planning of Diet for Hypertension |
| **Week X**  | Preparation of Diet for Hypertension |
| **Week XI**  | Planning of Diet for Diabetes Mellitus |
| **Week XII** | Planning of Diet for Diabetes Mellitus |
| **Week XIII** | Preparation of Diet for Diabetes |
| **Week XIV** | Planning of Diet for Obesity |
| **Week XV** | Preparation of Diet for Obesity |

**B.Sc. H.Sc. I Year (2021-2022)**

**Subject: Fundamental of Nutrition (206)**

**January – April 2022**

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| **WEEKS** | **Theory** |
| **Week I**  | Food, Nutrients, RDA |
| **Week II**  | Carbohydrates – Structure, Classification, Intake |
| **Week III**  | Proteins – Structure, Classification, Intake |
| **Week IV**  | Lipids – Structure, Classification, Intake |
| **Week V**  | Lipids – Definition & Classification, Function |
| **Week VI**  | Lipids – Sources, Deficiency & Excess |
| **Week VII**  | Water – Function & Sources, Intake |
| **Week VIII**  | Function, Sources & RDA of Vitamin A |
| **Week IX** | Functions, Sources & RDA of Vitamin D |
| **Week X**  | Functions, Sources & RDA of Vitamin K & E |
| **Week XI**  | Functions, Sources & RDA of Vitamin E & Folic Acid |
| **Week XII**  | Functions, Sources & RDA of Vitamin B- Complex |
| **Week XIII**  | Function, Sources & RDA of Macro Minerals |
| **Week XIV**  | Function, Sources & RPA of Micro Minerals |
| **Week XV**  | Function, Sources & RDA of Micro Minerals |

**B.Sc. H.Sc. I Year (2021-2022)**

**Subject: Fundamental of Nutrition (206) Practical**

**April - June 2022**

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| **WEEKS** | **Practical** |
| **Week I** | Planning, Preparation of Energy rich recipes |
| **Week II**  | Planning, Preparation of Energy rich recipes |
| **Week III**  | Planning & Preparation of Protein rich recipes |
| **Week IV**  | Planning & Preparation of Protein rich recipes |
| **Week V**  | Planning & Preparation of Vitamin – A Rich recipes |
| **Week VI**  | Planning & Preparation of Vitamin – A Rich recipes |
| **Week VII**  | Planning & Preparation of Iron rich recipes |
| **Week VIII**  | Planning & Preparation of Iron rich recipes |
| **Week IX**  | Planning & Preparation of Calcium rich recipes |
| **Week X**  | Planning & Preparation of Calcium rich recipes |
| **Week XI**  | Planning & Preparation of Thiamin rich recipes |
| **Week XII**  | Planning & Preparation of Thiamin rich recipes |
| **Week XIII**  | Planning & Preparation of Vitamin C rich recipes |
| **Week XIV**  | Planning & Preparation of Vitamin C rich recipes |
| **Week XV** | Planning & preparation of Fibre rich recipes |

**B.Sc. H.Sc. II Year (2021-2022)**

**Subject: Community Development & Communication (401)**

**January – April 2022**

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| **Weeks** | **Theory** |
| **Week I**  | Meaning, Scope & Importance of Communication |
| **Week II**  | Elements of Communication |
| **Week III**  | Problems of Communication |
| **Week IV**  | Models of Communication |
| **Week V**  | Various Type of Communication |
| **Week VI**  | Classification of Teaching Methods |
| **Week VII**  | Scope, Advantage & Limitations of Ext. Methods |
| **Week VIII**  | Scope, Advantage & Limitations of Ext. Methods |
| **Week IX**  | Panchayati Raj System |
| **Week X**  | Principles of Democratic Decentralisation |
| **Week XI**  | Classification of Audio- Visual Aids |
| **Week XII** | Selection & Use of Audio-Visual Aids |
| **Week XIII**  | Radio talks, Television |
| **Week XIV**  | Personal Talk, Conferences |
| **Week XV**  | Tours, Campaigns, Village Fair |

**B.Sc. H.Sc. II Year (2021-2022)**

**Subject: Community Development & Communication (401) Practical**

**January – April 2022**

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| **Weeks** | **Practical** |
| **Week I**  | Use of 5 Non-projected Aids |
| **Week II**  | Poster |
| **Week III**  | Chart |
| **Week IV**  | Leaflet |
| **Week V**  | Pamphlet & Flashcards |
| **Week VI** | Preparation of Projected Aids |
| **Week VII**  | Transparency |
| **Week VIII**  | Power Point Presentation |
| **Week IX**  | Power Point Presentation |
| **Week X** | Use of Puppet as a media |
| **Week XI**  | Use of Puppet as a media |
| **Week XII** | Use of Puppet as a media |
| **Week XIII**  | Preparation of Radio Talks |
| **Week XIV**  | Preparation of Radio Talks |
| **Week XV** | Preparation of Radio Talks |

**B.Sc. H.Sc. III Year (2021-2022)**

**Subject: Nutritional Biochemistry II (603)**

**January – April 2022**

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| **Weeks** | **Theory** |
| **Week I**  | Definition and Classification of Lipids |
| **Week II**  | Properties of Fatty acids |
| **Week III**  | Beta Oxidation of Lipids |
| **Week IV**  | Biosynthesis of Fatty acids |
| **Week V**  | Ketone bony formation, Ketosis, Fatty Liver |
| **Week VI**  | TCA Cycle |
| **Week VII**  | ETC |
| **Week VIII**  | Oxidative Phosphorylation |
| **Week IX**  | Biosynthesis of Proteins |
| **Week X**  | Biosynthesis of Proteins |
| **Week XI**  | Nucleic Acid – Concept & Composition |
| **Week XII**  | Replication of Nucleic Acid |
| **Week XIII**  | Transcription of Nucleic Acid |
| **Week XIV** | Genetic Code |
| **Week XV** | Structure of DNA and RNA |

**B.A. I Year II Semester (2021-2022)**

**Home Science (Theory)**

**January – April, 2022**

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| --- | --- |
| **Weeks** | **Topics** |
| **Week I**  | Health Education (Meaning & Objectives) Health Hazards |
| **Week II**  | Definition of Health and Hygiene, Factors relating to Health |
| **Week III**  | Water (Importance, Impurities, Types, Sources and Purify) |
| **Week IV**  | Definition of infection, infective agents, infections disease |
| **Week V**  | Communicable diseases |
| **Week VI**  | Disinfectant – Definition, Types and methods |
| **Week VII** | Immunity Definition, Types and Schedule |
| **Week VIII**  | Diseases Spread by insects – Malaria |
| **Week IX**  | Diseases spread by ingestion |
| **Week X**  | Disease Spread by droplet infections |
| **Week XI**  | Diseased Spread by contact |
| **Week XII**  | Transmission of heat their application |
| **Week XIII**  | Thermometer and J Scales of measurement |
| **Week XIV**  | Evaporation |
| **Week XV** | Revision and Test |

**B.Sc. II Year IV Semester (2021-2022)**

**Psychology - 403**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Motivation - Definition Types of Motives |
| **Week II**  | Learning – Meaning, Native and Theories effect of Motivation |
| **Week III**  | Principles of Learning, Factors affecting Learning, Test |
| **Week IV**  | Intelligence (Concept Theories, Development and Measurement) |
| **Week V**  | Thinking (Concepts and Tools of Thinking) |
| **Week VI**  | Imagination – Nature and Development |
| **Week VII**  | Reasoning as related to imagination and Thinking |
| **Week VIII**  | Personality Concept Definition and Types |
| **Week IX** | Assessment of Personality |
| **Week X**  | Factors Influencing Personality |
| **Week XI**  | Freud's Theory of Personality, Test |
| **Week XII**  | Memory Definition and Analysis Improvement |
| **Week XIII**  | Types of Memory Remembering, Test |
| **Week XIV**  | Forgetting Concept and Types |
| **Week XV**  | Theories Test |

**B.A. I Year II Semester (2021-2022)**

**Home Science (Practical)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Pottery Painting |
| **Week II**  | Pottery Painting |
| **Week III**  | Pottery Decoration |
| **Week IV**  | Pottery Decoration |
| **Week V** | Flower Arrangement (Fresh) |
| **Week VI**  | Flower Arrangement (Dry) |
| **Week VII**  | Flower Arrangement (Fresh) |
| **Week VIII**  | Flower Arrangement (Dry) |
| **Week IX**  | Preparation of Chart |
| **Week X** | Preparation of Chart |
| **Week XI**  | Preparation of Chart |
| **Week XII**  | Checking (File and Chart) |
| **Week XIII** | Preparation of any article |
| **Week XIV**  | Preparation of any article |
| **Week XV** | Checking of File and Article |

**B.Sc. III Year VI Semester (2021-2022)**

**Women Empowerment 601**

**January – April, 2022**

|  |  |
| --- | --- |
| **Weeks** | **Topics** |
| **Week I** | Status of Indian Women Legal, Social |
| **Week II** | Status of Women Economical, Political |
| **Week III**  | Status of Women Educational |
| **Week IV**  | Problems related to Women Violence and Abuse |
| **Week V**  | Families with Marital disharmony and dowry |
| **Week VI**  | Sexual discrimination and Exploitation |
| **Week VII**  | Mass Media and Women Empowerment |
| **Week VIII**  | Education and Empowerment |
| **Week IX**  | Empowerment and Empowerment |
| **Week X**  | Home Science Education and Empowerment |
| **Week XI**  | Role of H.Sc in Professional Development |
| **Week XII**  | Trends in Women's Movement |
| **Week XIII**  | Women movement in reference to India |
| **Week XIV**  | Social Welfare Programmes |
| **Week XV**  | Impact of Social Welfare Programmes |

**B.Sc. III Year VI Semester (2021-2022)**

**Child Welfare (Theory) - 602**

**January – April, 2022**

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| --- | --- |
| **Weeks** | **Topics** |
| **Week I**  | Definition and Objectives of Child Welfare |
| **Week II**  | Philosophy of Child Welfare |
| **Week III**  | National Policy of Child Welfare (Needs & Goals) |
| **Week IV**  | Problem of School dropouts and Child Labour |
| **Week V**  | Effect of Mass Media on Children |
| **Week VI**  | Nutritional and Educational Deprivation |
| **Week VII**  | Emotional Deprivation, Test |
| **Week VIII**  | Children with Special needs Blind Children |
| **Week IX**  | Deaf and Dumb Children |
| **Week X**  | Mentally retarded Children |
| **Week XI**  | Juvenile Delinquency, Test |
| **Week XII**  | Voluntary Agencies |
| **Week XIII** | International Agencies |
| **Week XIV**  | Family Planning Programme in India |
| **Week XV**  | Family Planning Programmes, Test |

**B.Sc. III Year VI Semester (2021-2022)**

**Child Welfare (Practical) - 602**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Visit to Bal Bhawan, Writing Report |
| **Week II**  | Visit to Nursery School, Report Writing |
| **Week III**  | File Checking |
| **Week IV**  | Visiting to the Institutes for Children, Report |
| **Week V**  | Preparing Play Material and Toys (4 – 6 years old) |
| **Week VI**  | Preparing Play Material (4-6 Years old) |
| **Week VII**  | Prepare Questionnaire for Survey |
| **Week VIII** | Survey to know deprivation of girls |
| **Week IX**  | Report writing and checking of files |
| **Week X** | Observation of Child Welfare Activities |
| **Week XI**  | Write a Report on involvement of Children |
| **Week XII**  | File Check |
| **Week XIII**  | Make resource file regarding C.W. happening |
| **Week XIV** | Collect child Welfare happenings |
| **Week XV**  | File Check |

**B.Sc. II Year VI Semester (2021-2022)**

**Food Microbiology Theory (604)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Characteristics of Moulds, Yeasts and Bacteria |
| **Week II**  | Useful and Pathogenic Microorganisms  |
| **Week III**  | Brief History of food microbiology |
| **Week IV**  | Important Microorganisms in food – Test |
| **Week V**  | Primary Source of Micro organisms in foods |
| **Week VI**  | Extrinsic and Intrinsic Parameters of growth |
| **Week VII**  | Contamination and Spoilage by Micro organisms |
| **Week VIII** | Preservation – Cereal, Egg, Poultry – Test |
| **Week IX**  | Food Preservation – Use of High and Low Temp. |
| **Week X** | Freeze drying, Irradiation in Food Preservation |
| **Week XI**  | Microbes used in Food Bio technology |
| **Week XII**  | Fermented food and their benefits text |
| **Week XIII**  | Public Health Hazards due to contaminated foods |
| **Week XIV**  | Food brone Infections, Indices of Food, Milk |
| **Week XV**  | Food, Water and Milk Testing – Test |

**B.Sc. II Year IV Semester (2021-2022)**

**Food Science (Theory) - 407**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Vegetables and Fruits – Classification, Composition |
| **Week II**  | Nutritive Value, Selection, Vegetables Cookery, Shortage |
| **Week III**  | Past Harvest Changes in Fruits, Enzymatic Browning |
| **Week IV**  | Raising and Leavening Agents – Types, uses |
| **Week V**  | Eggs – Composition, Quality of Eggs, Egg Cookery |
| **Week VI**  | Use of Egg in different preparations |
| **Week VII**  | Meat, Fish and Poultry – Meat – Composition |
| **Week VIII**  | Nutritive Value, Post Mortem changes in Meat |
| **Week IX**  | Fish – Types, Composition, Fish Cookery |
| **Week X**  | Fish Spoilage, Storage |
| **Week XI**  | Poultry – Types, Composition, Nutritive Value |
| **Week XII** | Spices and Condiments – Classification |
| **Week XIII**  | Uses, Storage of Spices, Note on Herbs |
| **Week XIV** | Evaluation of Food Quality – Sensory Evaluation |
| **Week XV**  | Objective Evaluation, Texture Evaluation |

**B.Sc. II Year IV Semester (2021-2022)**

**Food Science (Practical) - 407**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Preparation of James - Group I |
| **Week II**  | Preparation of James – Group II |
| **Week III**  | File Checking |
| **Week IV**  | Preparation of Chutney - Group I |
| **Week V**  | Preparation of Chutney – Group II |
| **Week VI**  | File Checking |
| **Week VII**  | Preparation of Pickles – Group I |
| **Week VIII**  | Preparation of Pickles – Group II |
| **Week IX**  | File Checking |
| **Week X**  | Preparation of Jelly – Group I |
| **Week XI** | Preparation of Jelly – Group II |
| **Week XII**  | File Checking |
| **Week XIII**  | Preparation of Murabbas – Group I |
| **Week XIV**  | Preparation of Murabbas – Group II |
| **Week XV**  | Visiting to Food Industry, File Checking |

 **B.Sc. II Year IV Semester (2021-2022)**

**Introduction to Home Management II (Theory) (406)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Ergonomics in Home |
| **Week II**  | Work Simplification – Body Mechanics |
| **Week III**  | Mendel's Classes of Change |
| **Week IV**  | Work Study Techniques – Test |
| **Week V**  | Income – Types of Income, Budget |
| **Week VI**  | Steps in Budget, Factor affecting Budget |
| **Week VII** | Saving – Types of Saving – Bank |
| **Week VIII**  | Insurance, Provident Fund – Test |
| **Week IX**  | Credit – Its use, Types of Credit |
| **Week X**  | Problem in Credit, Taxation – Types |
| **Week XI**  | Basic Calculation of Income Tax – Test |
| **Week XII**  | Introduction of Art – Elements of Art |
| **Week XIII**  | Color, Pattern, Shape, Light, Space |
| **Week XIV**  | Color – Classification, Dimensions, Color scheme |
| **Week XV**  | Factors, Influencing colour |

**B.Sc. II Year IV Semester (2021-2022)**

**Institutional Food Management (Theory) - 404**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I**  | Catering Management – Definition and Scope |
| **Week II**  | Hygiene Sanitation and Environment |
| **Week III**  | Hygiene in food Handling |
| **Week IV**  | Personal Hygiene Test |
| **Week V**  | Organization of Spaces – Workspace |
| **Week VI**  | Work Surfaces, Lighting and Ventilation |
| **Week VII**  | Storage Spaces – Location, Types, Sanitation |
| **Week VIII**  | Surface Areas – Location and Planning Test |
| **Week IX**  | Mean Planning – Planning and Writing Menus |
| **Week X**  | Types of Menus, Use of Menu |
| **Week XI**  | Food Service – Various Styles of Service Test |
| **Week XII**  | Food Cost Control – Why Control Food Costs |
| **Week XIII**  | Costing of dishes, Means and Events |
| **Week XIV**  | Pricing - Methods of Pricing |
| **Week XV**  | Factors affecting Pricing Test |

**B.A. Home Science III Year (VI Semester) (2021-2022)**

**Home Science (HS06)**

**January – April, 2022**

|  |  |
| --- | --- |
| **WEEKS** | **Topics** |
| **Week I** | Definition, Aims, Subject Matter, Objective of Child Psychology |
| **Week II**  | Learning – What is Learning, Importance of Learning |
| **Week III**  | Methods of Learning, Factors affecting Learning |
| **Week IV**  | Role of Reward and Punishment in Learning, Test |
| **WeeK V**  | Personality Development – Nature of Personality, Definition |
| **Week VI**  | Play – Definition, Features of Play, Types of Play |
| **Week VII**  | Stages of Development of Child, Problems of Adolescence |
| **Week VIII**  | Role of Parents and Teachers, Test |
| **Week IX**  | The Expectant Mother – Signs of Pregnancy |
| **Week X**  | Discomforts of Pregnancy |
| **Week XI**  | Ill effects of an Early Marriage, Test |
| **Week XII**  | Breast Feeding, Artificial Feeding |
| **Week XIII**  | Common Ailments in Childhood – Cold, Cough, Fever |
| **Week XIV** | Digestive Disturbance – Diarrhea, Constipation, Vomiting |
| **Week XV**  | Skin Infections – Test |

**B.A. Home Science III Year VI Semester (2021-2022)**

**Home Science (Practical) HS06**

**January – April, 2022**

|  |  |
| --- | --- |
| **Weeks** | **Topics** |
| **Week I**  | Planning and Preparation Meal for Pre School Group – I |
| **Week II**  | Planning and Preparation Meal for Pre School Group – II |
| **Week III**  | File Checking |
| **Week IV**  | Planning and Preparation Meal – School Going Group I |
| **Week V**  | Planning and Preparation Meal – School Going Group – II |
| **Week VI**  | File Checking |
| **Week VII**  | Planning and Preparation Meal – Adolescent Group –I |
| **Week VIII**  | Planning and Preparation Meal – Adolescent Group – II |
| **Week IX**  | Planning and Preparation Meal – Pregnant Group – I |
| **Week X**  | Planning and Preparation Meal – Pregnant Group – II |
| **Week XI**  | File Checking |
| **Week XII**  | Food Preservation – Pickle, Chutney |
| **Week XIII** | Preparation of – Jam, Squash |
| **Week XIV**  | Preparation of – Murabba |
| **Week XV**  | File Checking |

**B.Sc. (Home Science) IInd Semester, Ist Year (2021-2022)**

**Introduction to Textile (214) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Week** | **Syllabus** |
| **Week I** | Fibers, its taxonomy and classification  |
| **Week II** | Manufacturing and properties of plant fibers- cotton |
| **Week III** | Manufacturing and properties of plant fibers- jute |
| **Week IV** | Manufacturing and properties of silk fiber |
| **Week V** | Manufacturing of rayon and polyester fibers |
| **Week VI** | Manufacturing of acrylic and polyamide fibers |
| **Week VII** | Basic principles of yarn making, Simple yarn  |
| **Week VIII** | Types of Yarns: Novelty Yarns  |
| **Week IX** | Properties of yarn and Importance of blends |
| **Week X** | Weaving: parts of loom and Basic weaves |
| **Week XI** | Basic weaves, types and making  |
| **Week XII** | Weaving: Fancy weaves, types and making |
| **Week XIII** | Knitting: types of knit  |
| **Week XIV** | Advantages and disadvantages of knit  |
| **Week XV** | Braiding, felting and bonding  |

**B.Sc. (Home Science) IInd Semester, Ist Year (2021-2022)**

**Introduction to Textile (214) Practical**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Weeks** | **Syllabus** |
| **Week I** | Collection of different types of natural fibers  |
| **Week II** | Microscopic identification of Natural Fibers  |
| **Week III** | Burning identification of Natural Fibers |
| **Week IV** | Chemical identification of Natural Fibers |
| **Week V** | Collection of synthetic fibers |
| **Week VI** | Microscopic identification of Natural Fibers  |
| **Week VII** | Burning identification of Natural Fibers |
| **Week VIII** | Chemical identification of Natural Fibers  |
| **Week IX** | Collection of Material for weave making  |
| **Week X** | Making of weaves |
| **Week XI** | Making of weaves |
| **Week XII** | Making of weaves |
| **Week XIII** | Making of any Four fancy weaves |
| **Week XIV** | Making of any next Four fancy weaves |
| **Week XV** | To estimate the thread count of fabricKnitting: thumb method and ending  |

**B.Sc. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Garment Construction and Apparel Science (415) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
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| **Weeks** | **Syllabus** |
| **Week I** | Selection of garments for Infant  |
| **Week II** | Selection of garments for toddlers and preschool  |
| **Week III** | Selection of garments for School going and teenager and **class test**  |
| **Week IV** | Selection of garments for adult and old age  |
| **Week V** | Selection of household linen and curtain |
| **Week VI** | Selection of garments for draperies and towels |
| **Week VII** | Selection of readymade garments  |
| **Week VIII** | Renovation and mending and class test |
| **Week IX** | Construction of drafting and pattern making  |
| **Week X** | Construction of draping and types |
| **Week XI** | Fit: recognizing correct fit and balance |
| **Week XII** | Problems of fit and remedies class test  |
| **Week XIII** | Fashion & factors favoring and retarding fashion |
| **Week XIV** |  Fashion cycle and buying criteria for readymade garments |
| **Week XV** | Samples of increasing and decreasing of knit |

**B.Sc. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Garment construction and apparel science (415) Practical**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Weeks** | **Syllabus** |
| **Week I** | Drafting of child bodice block  |
| **Week II** | Drafting of child bodice block with collar  |
| **Week III** | Drafting checking and problem taking |
| **Week IV** | Drafting of A line frock |
| **Week V** | Drafting of frock |
| **Week VI** | Cutting and stitching of A line frock  |
| **Week VII** | Garments checking and file checking |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of same and query taking  |
| **Week X** | Drafting of Salwar  |
| **Week XI** | Cutting of Kameej and Salwar |
| **Week XII** | Stitching of Kameej and Salwar |
| **Week XIII** | Drafting of petticoat  |
| **Week XIV** | Stitching of petticoat  |
| **Week XV** | Checking of garments |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2 021-2022)**

**Apparel designing (615) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
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| **Weeks** | **Syllabus** |
| **Week I** | Design: its components and characteristics |
| **Week II** | Structural design through variation in yarn |
| **Week III** | Structural design through variation in weaves |
| **Week IV** | Structural design through decorative finishes |
| **Week V** | Applied designs through dyeing & printing  |
| **Week VI** | Applied designs through embroidery  |
| **Week VII** | Line, form and shapes analysis |
| **Week VIII** | Texture analysis and colors use in garments  |
| **Week IX** | Use of Colours in garments  |
| **Week X** | Principles of design in garments |
| **Week XI** | Study average figure types  |
| **Week XII** | Designing clothes for different figure |
| **Week XIII** | Designing clothes for figure with variation |
| **Week XIV** | Use of computer in apparel construction |
| **Week XV** | Application of computer aided designing |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2021-2022)**

**Apparel designing (615) Practical**

**LESSON PLAN(Jan-April,2022)**

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| **Weeks** | **Syllabus** |
| **Week I** | Study colors, and color wheel |
| **Week II** | Use of color schemes in garments |
| **Week III** | Study grey scale and value scale  |
| **Week IV** | Checking of work sheets |
| **Week V** | Use of line in garments |
| **Week VI** | Study of body shapes  |
| **Week VII** | Developments of motif and its placement |
| **Week VIII** | Making of same |
| **Week IX** | Motif enlarging and reducing effect |
| **Week X** | Making an apparel by embroidery  |
| **Week XI** | Making an household article by printing  |
| **Week XII** | Study of batik on fabric |
| **Week XIII** | Making an article of batik  |
| **Week XIV** | File checking  |
| **Week** **XV** | Garments checking and problem solving  |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2021-2022)**

 **Interior Designing (616) Practical**

 **LESSON PLAN (Jan-April,2022)**

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| **Weeks** | **Syllabus** |
| **Week I** | Study types of flower arrangements  |
| **Week II** | Collection of material for flower making  |
| **Week III** | Making of ten flowers by organdies fabric |
| **Week IV** | Making of ten flowers by using stoking  |
| **Week V** | Flower arrangement for different area  |
| **Week VI** | File checking, selecting the idea for pot painting |
| **Week VII** | Pot painting by students |
| **Week VIII** | Selecting the material and idea for pot decoration  |
| **Week IX** | Pot decoration by students |
| **Week X** | File checking and pot checking  |
| **Week XI** | Making of curtain by any 6 method  |
| **Week XII** | Making of curtain by next six method  |
| **Week XIII** | Making any two are pieces by waste material |
| **Week XIV**  |  Making any two are pieces by waste material |
| **Week XV** | FileChecking |

**B.A. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Home Science (HS04) Practical**

 **LESSON PLAN (Jan-April,2022)**

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| **Weeks** | **Syllabus** |
|  **Week I** | Study of sewing machine with parts |
| **Week II** | Making diagram of sewing machine |
| **Week III** | Study anthropometric body measurements  |
| **Week IV** | File checking  |
| **Week V** | Drafting of child bodice block with collar |
| **Week VI** | Drafting of A line frock |
| **Week VII** | Cutting and stitching of A line frock  |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of Salwar |
| **Week X** | Checking of Draftings |
| **Week XI** | Kameej and Salwar cutting  |
| **Week XII** | Stitching of garments (Kameej and Salwar) |
| **Week XIII** | Drafting of petticoat  |
| **Week XIV** | Checking of petticoat drafting  |
| **Week XV** | Cutting and stitching of petticoat  |