**LESSON PLAN EVEN SEMESTERS**

**B.Sc. H.Sc. III Year VI Sem (2021-2022)**

**Subject: Therapeutic Nutrition (607)**

**April - June 2022**

|  |  |
| --- | --- |
| **WEEKS** | **Theory** |
| **Week I** | Principles of Diet Therapy |
| **Week II** | Modification of Normal Diet & Purposes |
| **Week III** | Full, Soft & Bland Diet |
| **Week IV** | Dietician and the Role of Dietician |
| **Week V** | GIT disorders – Diarrhea |
| **Week VI** | Constipation |
| **Week VII** | Fevers – Typhoid |
| **Week VIII** | T.B. |
| **Week IX** | Weight Management – Obesity |
| **Week X** | Under nutrition |
| **Week XI** | Diabetes Mellitus |
| **Week XII** | Hypertension |
| **Week XIII** | Hypertension |
| **Week XIV** | Kidney Disorders |
| **Week XV** | Kidney Disorders |

**B.Sc. H.Sc. III Year Sem (2021-2022)**

**Subject: Therapeutic Nutrition (607) Practical**

**April – July 2022**

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| --- | --- |
| **WEEKS** | **Practical** |
| **Week I** | **Planning of Diet- Constipation & Diarrhea** |
| **Week II** | Planning of Diet- Constipation & Diarrhea |
| **Week III** | Planning of Diet- Constipation & Diarrhea |
| **Week IV** | Preparation of Diet for Constipation & Diarrhea |
| **Week V** | Planning of Diet for Typhoid |
| **Week VI** | Planning of Diet for Typhoid |
| **Week VII** | Preparation of Diet for Typhoid |
| **Week VIII** | Planning of Diet for Hypertension |
| **Week IX** | Planning of Diet for Hypertension |
| **Week X** | Preparation of Diet for Hypertension |
| **Week XI** | Planning of Diet for Diabetes Mellitus |
| **Week XII** | Planning of Diet for Diabetes Mellitus |
| **Week XIII** | Preparation of Diet for Diabetes |
| **Week XIV** | Planning of Diet for Obesity |
| **Week XV** | Preparation of Diet for Obesity |

**B.Sc. H.Sc. I Year (2021-2022)**

**Subject: Fundamental of Nutrition (206)**

**January – April 2022**

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| **WEEKS** | **Theory** |
| **Week I** | Food, Nutrients, RDA |
| **Week II** | Carbohydrates – Structure, Classification, Intake |
| **Week III** | Proteins – Structure, Classification, Intake |
| **Week IV** | Lipids – Structure, Classification, Intake |
| **Week V** | Lipids – Definition & Classification, Function |
| **Week VI** | Lipids – Sources, Deficiency & Excess |
| **Week VII** | Water – Function & Sources, Intake |
| **Week VIII** | Function, Sources & RDA of Vitamin A |
| **Week IX** | Functions, Sources & RDA of Vitamin D |
| **Week X** | Functions, Sources & RDA of Vitamin K & E |
| **Week XI** | Functions, Sources & RDA of Vitamin E & Folic Acid |
| **Week XII** | Functions, Sources & RDA of Vitamin B- Complex |
| **Week XIII** | Function, Sources & RDA of Macro Minerals |
| **Week XIV** | Function, Sources & RPA of Micro Minerals |
| **Week XV** | Function, Sources & RDA of Micro Minerals |

**B.Sc. H.Sc. I Year (2021-2022)**

**Subject: Fundamental of Nutrition (206) Practical**

**April - June 2022**

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| **WEEKS** | **Practical** |
| **Week I** | Planning, Preparation of Energy rich recipes |
| **Week II** | Planning, Preparation of Energy rich recipes |
| **Week III** | Planning & Preparation of Protein rich recipes |
| **Week IV** | Planning & Preparation of Protein rich recipes |
| **Week V** | Planning & Preparation of Vitamin – A Rich recipes |
| **Week VI** | Planning & Preparation of Vitamin – A Rich recipes |
| **Week VII** | Planning & Preparation of Iron rich recipes |
| **Week VIII** | Planning & Preparation of Iron rich recipes |
| **Week IX** | Planning & Preparation of Calcium rich recipes |
| **Week X** | Planning & Preparation of Calcium rich recipes |
| **Week XI** | Planning & Preparation of Thiamin rich recipes |
| **Week XII** | Planning & Preparation of Thiamin rich recipes |
| **Week XIII** | Planning & Preparation of Vitamin C rich recipes |
| **Week XIV** | Planning & Preparation of Vitamin C rich recipes |
| **Week XV** | Planning & preparation of Fibre rich recipes |

**B.Sc. H.Sc. II Year (2021-2022)**

**Subject: Community Development & Communication (401)**

**January – April 2022**

|  |  |
| --- | --- |
| **Weeks** | **Theory** |
| **Week I** | Meaning, Scope & Importance of Communication |
| **Week II** | Elements of Communication |
| **Week III** | Problems of Communication |
| **Week IV** | Models of Communication |
| **Week V** | Various Type of Communication |
| **Week VI** | Classification of Teaching Methods |
| **Week VII** | Scope, Advantage & Limitations of Ext. Methods |
| **Week VIII** | Scope, Advantage & Limitations of Ext. Methods |
| **Week IX** | Panchayati Raj System |
| **Week X** | Principles of Democratic Decentralisation |
| **Week XI** | Classification of Audio- Visual Aids |
| **Week XII** | Selection & Use of Audio-Visual Aids |
| **Week XIII** | Radio talks, Television |
| **Week XIV** | Personal Talk, Conferences |
| **Week XV** | Tours, Campaigns, Village Fair |

**B.Sc. H.Sc. II Year (2021-2022)**

**Subject: Community Development & Communication (401) Practical**

**January – April 2022**

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| **Weeks** | **Practical** |
| **Week I** | Use of 5 Non-projected Aids |
| **Week II** | Poster |
| **Week III** | Chart |
| **Week IV** | Leaflet |
| **Week V** | Pamphlet & Flashcards |
| **Week VI** | Preparation of Projected Aids |
| **Week VII** | Transparency |
| **Week VIII** | Power Point Presentation |
| **Week IX** | Power Point Presentation |
| **Week X** | Use of Puppet as a media |
| **Week XI** | Use of Puppet as a media |
| **Week XII** | Use of Puppet as a media |
| **Week XIII** | Preparation of Radio Talks |
| **Week XIV** | Preparation of Radio Talks |
| **Week XV** | Preparation of Radio Talks |

**B.Sc. H.Sc. III Year (2021-2022)**

**Subject: Nutritional Biochemistry II (603)**

**January – April 2022**

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| **Weeks** | **Theory** |
| **Week I** | Definition and Classification of Lipids |
| **Week II** | Properties of Fatty acids |
| **Week III** | Beta Oxidation of Lipids |
| **Week IV** | Biosynthesis of Fatty acids |
| **Week V** | Ketone bony formation, Ketosis, Fatty Liver |
| **Week VI** | TCA Cycle |
| **Week VII** | ETC |
| **Week VIII** | Oxidative Phosphorylation |
| **Week IX** | Biosynthesis of Proteins |
| **Week X** | Biosynthesis of Proteins |
| **Week XI** | Nucleic Acid – Concept & Composition |
| **Week XII** | Replication of Nucleic Acid |
| **Week XIII** | Transcription of Nucleic Acid |
| **Week XIV** | Genetic Code |
| **Week XV** | Structure of DNA and RNA |

**B.A. I Year II Semester (2021-2022)**

**Home Science (Theory)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Health Education (Meaning & Objectives) Health Hazards |
| **Week II** | Definition of Health and Hygiene, Factors relating to Health |
| **Week III** | Water (Importance, Impurities, Types, Sources and Purify) |
| **Week IV** | Definition of infection, infective agents, infections disease |
| **Week V** | Communicable diseases |
| **Week VI** | Disinfectant – Definition, Types and methods |
| **Week VII** | Immunity Definition, Types and Schedule |
| **Week VIII** | Diseases Spread by insects – Malaria |
| **Week IX** | Diseases spread by ingestion |
| **Week X** | Disease Spread by droplet infections |
| **Week XI** | Diseased Spread by contact |
| **Week XII** | Transmission of heat their application |
| **Week XIII** | Thermometer and J Scales of measurement |
| **Week XIV** | Evaporation |
| **Week XV** | Revision and Test |

**B.Sc. II Year IV Semester (2021-2022)**

**Psychology - 403**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Motivation - Definition Types of Motives |
| **Week II** | Learning – Meaning, Native and Theories effect of Motivation |
| **Week III** | Principles of Learning, Factors affecting Learning, Test |
| **Week IV** | Intelligence (Concept Theories, Development and Measurement) |
| **Week V** | Thinking (Concepts and Tools of Thinking) |
| **Week VI** | Imagination – Nature and Development |
| **Week VII** | Reasoning as related to imagination and Thinking |
| **Week VIII** | Personality Concept Definition and Types |
| **Week IX** | Assessment of Personality |
| **Week X** | Factors Influencing Personality |
| **Week XI** | Freud's Theory of Personality, Test |
| **Week XII** | Memory Definition and Analysis Improvement |
| **Week XIII** | Types of Memory Remembering, Test |
| **Week XIV** | Forgetting Concept and Types |
| **Week XV** | Theories Test |

**B.A. I Year II Semester (2021-2022)**

**Home Science (Practical)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Pottery Painting |
| **Week II** | Pottery Painting |
| **Week III** | Pottery Decoration |
| **Week IV** | Pottery Decoration |
| **Week V** | Flower Arrangement (Fresh) |
| **Week VI** | Flower Arrangement (Dry) |
| **Week VII** | Flower Arrangement (Fresh) |
| **Week VIII** | Flower Arrangement (Dry) |
| **Week IX** | Preparation of Chart |
| **Week X** | Preparation of Chart |
| **Week XI** | Preparation of Chart |
| **Week XII** | Checking (File and Chart) |
| **Week XIII** | Preparation of any article |
| **Week XIV** | Preparation of any article |
| **Week XV** | Checking of File and Article |

**B.Sc. III Year VI Semester (2021-2022)**

**Women Empowerment 601**

**January – April, 2022**

|  |  |
| --- | --- |
| **Weeks** | **Topics** |
| **Week I** | Status of Indian Women Legal, Social |
| **Week II** | Status of Women Economical, Political |
| **Week III** | Status of Women Educational |
| **Week IV** | Problems related to Women Violence and Abuse |
| **Week V** | Families with Marital disharmony and dowry |
| **Week VI** | Sexual discrimination and Exploitation |
| **Week VII** | Mass Media and Women Empowerment |
| **Week VIII** | Education and Empowerment |
| **Week IX** | Empowerment and Empowerment |
| **Week X** | Home Science Education and Empowerment |
| **Week XI** | Role of H.Sc in Professional Development |
| **Week XII** | Trends in Women's Movement |
| **Week XIII** | Women movement in reference to India |
| **Week XIV** | Social Welfare Programmes |
| **Week XV** | Impact of Social Welfare Programmes |

**B.Sc. III Year VI Semester (2021-2022)**

**Child Welfare (Theory) - 602**

**January – April, 2022**

|  |  |
| --- | --- |
| **Weeks** | **Topics** |
| **Week I** | Definition and Objectives of Child Welfare |
| **Week II** | Philosophy of Child Welfare |
| **Week III** | National Policy of Child Welfare (Needs & Goals) |
| **Week IV** | Problem of School dropouts and Child Labour |
| **Week V** | Effect of Mass Media on Children |
| **Week VI** | Nutritional and Educational Deprivation |
| **Week VII** | Emotional Deprivation, Test |
| **Week VIII** | Children with Special needs Blind Children |
| **Week IX** | Deaf and Dumb Children |
| **Week X** | Mentally retarded Children |
| **Week XI** | Juvenile Delinquency, Test |
| **Week XII** | Voluntary Agencies |
| **Week XIII** | International Agencies |
| **Week XIV** | Family Planning Programme in India |
| **Week XV** | Family Planning Programmes, Test |

**B.Sc. III Year VI Semester (2021-2022)**

**Child Welfare (Practical) - 602**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Visit to Bal Bhawan, Writing Report |
| **Week II** | Visit to Nursery School, Report Writing |
| **Week III** | File Checking |
| **Week IV** | Visiting to the Institutes for Children, Report |
| **Week V** | Preparing Play Material and Toys (4 – 6 years old) |
| **Week VI** | Preparing Play Material (4-6 Years old) |
| **Week VII** | Prepare Questionnaire for Survey |
| **Week VIII** | Survey to know deprivation of girls |
| **Week IX** | Report writing and checking of files |
| **Week X** | Observation of Child Welfare Activities |
| **Week XI** | Write a Report on involvement of Children |
| **Week XII** | File Check |
| **Week XIII** | Make resource file regarding C.W. happening |
| **Week XIV** | Collect child Welfare happenings |
| **Week XV** | File Check |

**B.Sc. II Year VI Semester (2021-2022)**

**Food Microbiology Theory (604)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Characteristics of Moulds, Yeasts and Bacteria |
| **Week II** | Useful and Pathogenic Microorganisms |
| **Week III** | Brief History of food microbiology |
| **Week IV** | Important Microorganisms in food – Test |
| **Week V** | Primary Source of Micro organisms in foods |
| **Week VI** | Extrinsic and Intrinsic Parameters of growth |
| **Week VII** | Contamination and Spoilage by Micro organisms |
| **Week VIII** | Preservation – Cereal, Egg, Poultry – Test |
| **Week IX** | Food Preservation – Use of High and Low Temp. |
| **Week X** | Freeze drying, Irradiation in Food Preservation |
| **Week XI** | Microbes used in Food Bio technology |
| **Week XII** | Fermented food and their benefits text |
| **Week XIII** | Public Health Hazards due to contaminated foods |
| **Week XIV** | Food brone Infections, Indices of Food, Milk |
| **Week XV** | Food, Water and Milk Testing – Test |

**B.Sc. II Year IV Semester (2021-2022)**

**Food Science (Theory) - 407**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Vegetables and Fruits – Classification, Composition |
| **Week II** | Nutritive Value, Selection, Vegetables Cookery, Shortage |
| **Week III** | Past Harvest Changes in Fruits, Enzymatic Browning |
| **Week IV** | Raising and Leavening Agents – Types, uses |
| **Week V** | Eggs – Composition, Quality of Eggs, Egg Cookery |
| **Week VI** | Use of Egg in different preparations |
| **Week VII** | Meat, Fish and Poultry – Meat – Composition |
| **Week VIII** | Nutritive Value, Post Mortem changes in Meat |
| **Week IX** | Fish – Types, Composition, Fish Cookery |
| **Week X** | Fish Spoilage, Storage |
| **Week XI** | Poultry – Types, Composition, Nutritive Value |
| **Week XII** | Spices and Condiments – Classification |
| **Week XIII** | Uses, Storage of Spices, Note on Herbs |
| **Week XIV** | Evaluation of Food Quality – Sensory Evaluation |
| **Week XV** | Objective Evaluation, Texture Evaluation |

**B.Sc. II Year IV Semester (2021-2022)**

**Food Science (Practical) - 407**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Preparation of James - Group I |
| **Week II** | Preparation of James – Group II |
| **Week III** | File Checking |
| **Week IV** | Preparation of Chutney - Group I |
| **Week V** | Preparation of Chutney – Group II |
| **Week VI** | File Checking |
| **Week VII** | Preparation of Pickles – Group I |
| **Week VIII** | Preparation of Pickles – Group II |
| **Week IX** | File Checking |
| **Week X** | Preparation of Jelly – Group I |
| **Week XI** | Preparation of Jelly – Group II |
| **Week XII** | File Checking |
| **Week XIII** | Preparation of Murabbas – Group I |
| **Week XIV** | Preparation of Murabbas – Group II |
| **Week XV** | Visiting to Food Industry, File Checking |

**B.Sc. II Year IV Semester (2021-2022)**

**Introduction to Home Management II (Theory) (406)**

**January – April, 2022**

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| **Weeks** | **Topics** |
| **Week I** | Ergonomics in Home |
| **Week II** | Work Simplification – Body Mechanics |
| **Week III** | Mendel's Classes of Change |
| **Week IV** | Work Study Techniques – Test |
| **Week V** | Income – Types of Income, Budget |
| **Week VI** | Steps in Budget, Factor affecting Budget |
| **Week VII** | Saving – Types of Saving – Bank |
| **Week VIII** | Insurance, Provident Fund – Test |
| **Week IX** | Credit – Its use, Types of Credit |
| **Week X** | Problem in Credit, Taxation – Types |
| **Week XI** | Basic Calculation of Income Tax – Test |
| **Week XII** | Introduction of Art – Elements of Art |
| **Week XIII** | Color, Pattern, Shape, Light, Space |
| **Week XIV** | Color – Classification, Dimensions, Color scheme |
| **Week XV** | Factors, Influencing colour |

**B.Sc. II Year IV Semester (2021-2022)**

**Institutional Food Management (Theory) - 404**

**January – April, 2022**

|  |  |
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| **Weeks** | **Topics** |
| **Week I** | Catering Management – Definition and Scope |
| **Week II** | Hygiene Sanitation and Environment |
| **Week III** | Hygiene in food Handling |
| **Week IV** | Personal Hygiene Test |
| **Week V** | Organization of Spaces – Workspace |
| **Week VI** | Work Surfaces, Lighting and Ventilation |
| **Week VII** | Storage Spaces – Location, Types, Sanitation |
| **Week VIII** | Surface Areas – Location and Planning Test |
| **Week IX** | Mean Planning – Planning and Writing Menus |
| **Week X** | Types of Menus, Use of Menu |
| **Week XI** | Food Service – Various Styles of Service Test |
| **Week XII** | Food Cost Control – Why Control Food Costs |
| **Week XIII** | Costing of dishes, Means and Events |
| **Week XIV** | Pricing - Methods of Pricing |
| **Week XV** | Factors affecting Pricing Test |

**B.A. Home Science III Year (VI Semester) (2021-2022)**

**Home Science (HS06)**

**January – April, 2022**

|  |  |
| --- | --- |
| **WEEKS** | **Topics** |
| **Week I** | Definition, Aims, Subject Matter, Objective of Child Psychology |
| **Week II** | Learning – What is Learning, Importance of Learning |
| **Week III** | Methods of Learning, Factors affecting Learning |
| **Week IV** | Role of Reward and Punishment in Learning, Test |
| **WeeK V** | Personality Development – Nature of Personality, Definition |
| **Week VI** | Play – Definition, Features of Play, Types of Play |
| **Week VII** | Stages of Development of Child, Problems of Adolescence |
| **Week VIII** | Role of Parents and Teachers, Test |
| **Week IX** | The Expectant Mother – Signs of Pregnancy |
| **Week X** | Discomforts of Pregnancy |
| **Week XI** | Ill effects of an Early Marriage, Test |
| **Week XII** | Breast Feeding, Artificial Feeding |
| **Week XIII** | Common Ailments in Childhood – Cold, Cough, Fever |
| **Week XIV** | Digestive Disturbance – Diarrhea, Constipation, Vomiting |
| **Week XV** | Skin Infections – Test |

**B.A. Home Science III Year VI Semester (2021-2022)**

**Home Science (Practical) HS06**

**January – April, 2022**

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| --- | --- |
| **Weeks** | **Topics** |
| **Week I** | Planning and Preparation Meal for Pre School Group – I |
| **Week II** | Planning and Preparation Meal for Pre School Group – II |
| **Week III** | File Checking |
| **Week IV** | Planning and Preparation Meal – School Going Group I |
| **Week V** | Planning and Preparation Meal – School Going Group – II |
| **Week VI** | File Checking |
| **Week VII** | Planning and Preparation Meal – Adolescent Group –I |
| **Week VIII** | Planning and Preparation Meal – Adolescent Group – II |
| **Week IX** | Planning and Preparation Meal – Pregnant Group – I |
| **Week X** | Planning and Preparation Meal – Pregnant Group – II |
| **Week XI** | File Checking |
| **Week XII** | Food Preservation – Pickle, Chutney |
| **Week XIII** | Preparation of – Jam, Squash |
| **Week XIV** | Preparation of – Murabba |
| **Week XV** | File Checking |

**B.Sc. (Home Science) IInd Semester, Ist Year (2021-2022)**

**Introduction to Textile (214) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Week** | **Syllabus** |
| **Week I** | Fibers, its taxonomy and classification |
| **Week II** | Manufacturing and properties of plant fibers- cotton |
| **Week III** | Manufacturing and properties of plant fibers- jute |
| **Week IV** | Manufacturing and properties of silk fiber |
| **Week V** | Manufacturing of rayon and polyester fibers |
| **Week VI** | Manufacturing of acrylic and polyamide fibers |
| **Week VII** | Basic principles of yarn making, Simple yarn |
| **Week VIII** | Types of Yarns: Novelty Yarns |
| **Week IX** | Properties of yarn and Importance of blends |
| **Week X** | Weaving: parts of loom and Basic weaves |
| **Week XI** | Basic weaves, types and making |
| **Week XII** | Weaving: Fancy weaves, types and making |
| **Week XIII** | Knitting: types of knit |
| **Week XIV** | Advantages and disadvantages of knit |
| **Week XV** | Braiding, felting and bonding |

**B.Sc. (Home Science) IInd Semester, Ist Year (2021-2022)**

**Introduction to Textile (214) Practical**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Weeks** | **Syllabus** |
| **Week I** | Collection of different types of natural fibers |
| **Week II** | Microscopic identification of Natural Fibers |
| **Week III** | Burning identification of Natural Fibers |
| **Week IV** | Chemical identification of Natural Fibers |
| **Week V** | Collection of synthetic fibers |
| **Week VI** | Microscopic identification of Natural Fibers |
| **Week VII** | Burning identification of Natural Fibers |
| **Week VIII** | Chemical identification of Natural Fibers |
| **Week IX** | Collection of Material for weave making |
| **Week X** | Making of weaves |
| **Week XI** | Making of weaves |
| **Week XII** | Making of weaves |
| **Week XIII** | Making of any Four fancy weaves |
| **Week XIV** | Making of any next Four fancy weaves |
| **Week XV** | To estimate the thread count of fabric  Knitting: thumb method and ending |

**B.Sc. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Garment Construction and Apparel Science (415) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
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| **Weeks** | **Syllabus** |
| **Week I** | Selection of garments for Infant |
| **Week II** | Selection of garments for toddlers and preschool |
| **Week III** | Selection of garments for School going and teenager and **class test** |
| **Week IV** | Selection of garments for adult and old age |
| **Week V** | Selection of household linen and curtain |
| **Week VI** | Selection of garments for draperies and towels |
| **Week VII** | Selection of readymade garments |
| **Week VIII** | Renovation and mending and class test |
| **Week IX** | Construction of drafting and pattern making |
| **Week X** | Construction of draping and types |
| **Week XI** | Fit: recognizing correct fit and balance |
| **Week XII** | Problems of fit and remedies class test |
| **Week XIII** | Fashion & factors favoring and retarding fashion |
| **Week XIV** | Fashion cycle and buying criteria for readymade garments |
| **Week XV** | Samples of increasing and decreasing of knit |

**B.Sc. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Garment construction and apparel science (415) Practical**

**LESSON PLAN (Jan-April,2022)**

|  |  |
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| **Weeks** | **Syllabus** |
| **Week I** | Drafting of child bodice block |
| **Week II** | Drafting of child bodice block with collar |
| **Week III** | Drafting checking and problem taking |
| **Week IV** | Drafting of A line frock |
| **Week V** | Drafting of frock |
| **Week VI** | Cutting and stitching of A line frock |
| **Week VII** | Garments checking and file checking |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of same and query taking |
| **Week X** | Drafting of Salwar |
| **Week XI** | Cutting of Kameej and Salwar |
| **Week XII** | Stitching of Kameej and Salwar |
| **Week XIII** | Drafting of petticoat |
| **Week XIV** | Stitching of petticoat |
| **Week XV** | Checking of garments |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2 021-2022)**

**Apparel designing (615) Theory**

**LESSON PLAN (Jan-April,2022)**

|  |  |
| --- | --- |
| **Weeks** | **Syllabus** |
| **Week I** | Design: its components and characteristics |
| **Week II** | Structural design through variation in yarn |
| **Week III** | Structural design through variation in weaves |
| **Week IV** | Structural design through decorative finishes |
| **Week V** | Applied designs through dyeing & printing |
| **Week VI** | Applied designs through embroidery |
| **Week VII** | Line, form and shapes analysis |
| **Week VIII** | Texture analysis and colors use in garments |
| **Week IX** | Use of Colours in garments |
| **Week X** | Principles of design in garments |
| **Week XI** | Study average figure types |
| **Week XII** | Designing clothes for different figure |
| **Week XIII** | Designing clothes for figure with variation |
| **Week XIV** | Use of computer in apparel construction |
| **Week XV** | Application of computer aided designing |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2021-2022)**

**Apparel designing (615) Practical**

**LESSON PLAN(Jan-April,2022)**

|  |  |
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| **Weeks** | **Syllabus** |
| **Week I** | Study colors, and color wheel |
| **Week II** | Use of color schemes in garments |
| **Week III** | Study grey scale and value scale |
| **Week IV** | Checking of work sheets |
| **Week V** | Use of line in garments |
| **Week VI** | Study of body shapes |
| **Week VII** | Developments of motif and its placement |
| **Week VIII** | Making of same |
| **Week IX** | Motif enlarging and reducing effect |
| **Week X** | Making an apparel by embroidery |
| **Week XI** | Making an household article by printing |
| **Week XII** | Study of batik on fabric |
| **Week XIII** | Making an article of batik |
| **Week XIV** | File checking |
| **Week** **XV** | Garments checking and problem solving |

**B.Sc. (Home Science) VIth Semester, IIIrd Year (2021-2022)**

**Interior Designing (616) Practical**

**LESSON PLAN (Jan-April,2022)**

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| **Weeks** | **Syllabus** |
| **Week I** | Study types of flower arrangements |
| **Week II** | Collection of material for flower making |
| **Week III** | Making of ten flowers by organdies fabric |
| **Week IV** | Making of ten flowers by using stoking |
| **Week V** | Flower arrangement for different area |
| **Week VI** | File checking, selecting the idea for pot painting |
| **Week VII** | Pot painting by students |
| **Week VIII** | Selecting the material and idea for pot decoration |
| **Week IX** | Pot decoration by students |
| **Week X** | File checking and pot checking |
| **Week XI** | Making of curtain by any 6 method |
| **Week XII** | Making of curtain by next six method |
| **Week XIII** | Making any two are pieces by waste material |
| **Week XIV** | Making any two are pieces by waste material |
| **Week XV** | FileChecking |

**B.A. (Home Science) IVth Semester, IInd Year (2021-2022)**

**Home Science (HS04) Practical**

**LESSON PLAN (Jan-April,2022)**

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| **Weeks** | **Syllabus** |
| **Week I** | Study of sewing machine with parts |
| **Week II** | Making diagram of sewing machine |
| **Week III** | Study anthropometric body measurements |
| **Week IV** | File checking |
| **Week V** | Drafting of child bodice block with collar |
| **Week VI** | Drafting of A line frock |
| **Week VII** | Cutting and stitching of A line frock |
| **Week VIII** | Drafting of Kameej |
| **Week IX** | Drafting of Salwar |
| **Week X** | Checking of Draftings |
| **Week XI** | Kameej and Salwar cutting |
| **Week XII** | Stitching of garments (Kameej and Salwar) |
| **Week XIII** | Drafting of petticoat |
| **Week XIV** | Checking of petticoat drafting |
| **Week XV** | Cutting and stitching of petticoat |